



Founded in 1911, we are a strong and vibrant community, dedicated to helping U of M students achieve their academic goals. We forge lasting friendships by welcoming everyone, caring about each other, and exploring new ideas and places together.

September-October 2024 ≈ No. 312

## Join us to celebrate our scholarship recipients

As we do every year, UMWC members will gather in October at the DoubleTree Hotel in Roseville to celebrate our scholarship recipients. This is a wonderful opportunity for you to meet these impressive young people and hear some of their inspiring stories.



*Fred and Dorothy Waltz met scholarship recipient Gentri Hansen at last year's luncheon.*

Among the most popular events on our calendar, the scholarship luncheon this year will once again focus exclusively on our recipients. We will introduce them to you during the luncheon program and give them an opportunity to tell you about themselves and their plans for the future. You also will have a chance to chat with them informally at your table.

The deadline to register is Monday, September 30, but don't wait for the deadline. Make your reservation today by sending in the form found in your directory or on our website. We can't wait to see you.



*Scholarship recipients with Scholarship Awards Committee Chair Marilyn Olson at last year's luncheon*

### Don't forget the Fall Welcome Reception

Just a quick reminder for those of you who registered by the August 26 deadline that the Fall Welcome Reception is Tuesday, September 3, from 10 a.m. to noon at the Midland Hills Country Club in Roseville.

Please join us to meet new members and connect with old friends. UMWC special interest groups will have information tables at the event, which this year is a breakfast/brunch in the Turnberry Hall.

## Meeting at a Glance

### Scholarship Recognition Luncheon

Tuesday, October 8, 2024

#### Location

*DoubleTree Hotel*

2540 North Cleveland Avenue, Roseville

*Parking available in lot on north side of the hotel*

#### Menu

*Char-broiled 6 oz. sirloin with demi glaze, roasted asparagus and herb roasted potatoes. There will be a vegetarian option.*

*The meal includes house salad, specialty rolls and butter, coffee and freshly brewed ice tea.*

**Cost: \$32**

#### Reservation deadline:

Monday, September 30

*Please send in the reservation form you will find in your 2024-2025 directory or on the UMWC website. Make your check payable to UMWC and mail to Carol Cantrell.*

## President's Message ~

# Moving forward to achieve what we believe

It's a new year for the Women's Club with new opportunities and new challenges. Welcome back to all of you and a special welcome to our new members.

It must seem strange to some of you seeing my name and wondering 'Who is this new President?' As a more recent member to our club, I have had the privilege of just meeting many of you and learning about you and about the great club opportunities. As I visited and participated in most of the sections this past year, I was amazed and delighted at the depth and breadth of experiences you have. However, now I need to let you in on a little secret: I am a "Jill of all trades and a Master of none!"

OK, my secret is out. In meeting many of you, though, I realize you are the masters! So my job as President is to help you volunteer your talents to continue the club's course in its vibrant direction of granting student scholarships and promoting our own learning and community.

What is your strength? What do you enjoy doing? Can you find some time to share your strength and passion with the women's club? So here comes my strength. I love to work with people! I will look forward to pairing up, sharing new ideas, and moving forward on implementing them for the betterment of our organization.

We are at a pivotal time right now. The pandemic is behind us, but still left us with challenges. We are getting some great new members. The electronic world says we must adapt to some new ways to be efficient and effective. Prices continue to rise, so how do we want to spend our money? To stay the same in what we offer our members, we must constantly tweak our vision to match the times.

Watching the Olympics has been such a positive and powerful experience. The athletes are truly an inspiration. To paraphrase what one said about her field, she said she always needed to "understand her mission." Then she said that she knew she could "achieve whatever I put my mind to."

Likewise, that's what we can begin this coming year. We will be updating our bylaws so it is clearer in today's



world what our mission is. Then we can move forward to achieve what we believe.

Our first two meetings of the year exemplify what we do. On September 3, we will gather to learn about and sign



*Nancy Schuster and her husband, Tony,  
on a recent trip to Italy*

up for our sections. These active and fun opportunities are led by members and based on what members want to do. You will meet new people, learn new things and have fun in the process. The second meeting is our chance to meet some of our scholarship recipients. This is where we can see what the future holds by hearing from these talented and dedicated college students. What a way to start the year!

Join me, enjoy these two events, and think about how your mastery can benefit us all.

See you at the Fall Welcome Reception.

*Nancy Shuster, President*

### ***Board of Directors meeting is September 3***

The first board meeting of the 2024–2025 season is Tuesday, September 3, at noon at Midland Hills Country Club, 2001 Fulham Street, Roseville, in the Seth Raynor Room. All members are welcome to attend.

### **More thanks to our donors**

We'd like to extend a heartfelt thank you to the members who donated to our scholarship fund after the donor list was published in the May-June newsletter. Those members include Virginia Hanson, Kathryn Johnson, Margaret Reed, Dorothy Waltz and Avis Watkins.

#### **Memorial gifts**

David Norrgard by Jane LaFroth

#### **Honoring gifts**

UMWC by the Hikers interest group



## Successful AFU Day sparks interest in joining UMWC

Once again, the University of Minnesota Women's Club had an exhibitor table at the third annual Age-Friendly University Day, this year held on June 24. AFU Day 2024 drew 260 retirees, alumni and lifelong learners.

Alyson VanAhn, PhD, LP, was the keynote speaker. Her address, *Finding Joy in Community: Inspiring Narratives on Overcoming Loneliness*, was followed by a panel discussion and breakout sessions that focused on the important role that social engagement plays in healthy aging.

Our table was a buzz of activity, and almost 30 event attendees requested additional information about our club. We have participated in this event every year, and it has been a great way for us to communicate our mission and draw in new members. Thank you to all who helped with the table and attended the event — we had a great time being together!

*Shelley Horstman*

UMWC 2023–2025 AFU MN Council Representative



*Susan Hopp, Shelley Horstmann and Millie Woodbury welcomed AFU Day attendees to our exhibit table.*

## A look at the costs and considerations of the events we love

UMWC members are looking forward to seven exciting events for the 2024–2025 season. They include the Fall Welcome in early September, the Scholarship Luncheon in October and a Holiday Celebration in December. And, as always, we will have three Conversation luncheons—in November, February and April—followed by the Annual

Meeting in May.

Venues this year include Midland Hills and DoubleTree Hotel by Hilton, both in Roseville, Norway House in Minneapolis, and Como Conservatory and Town & Country in St. Paul.

How does the UMWC determine how much to ask members to pay for each event? Each option has its own unique costs such as room rental, food and beverage costs (for example \$18– \$23 for a lunch), service charges (20–25%), state and city sales tax and rental costs for such items as podiums, microphones, projectors and screens, even a piano and table linens.

Other considerations include easy and inexpensive parking, venue locations around the Twin Cities, a variety of food options, adding in a little fun, and reasonable food and beverage minimums. This last item is important in the final amount to charge if member participation is low for an event. We have seen lunch prices increase this past year as well as increases to the food and beverage minimums. We also have had decreasing support from external sources for our December event. To save on expenses, we are trying out breakfast/brunch menus for two events this year, the Fall Welcome and the December event.

Finally, this year the Finance Committee made a recommendation, which the Board approved, to provide funds to subsidize the program expenditures to keep prices for members the same as last year, with the exception of asking members to pay \$20 for the Fall Welcome Reception. This amount will not cover all those event costs. Since the subsidy, which is coming from member dues, cannot continue long term, look for changes coming in 2025–2026.



*A lot of consideration goes into the planning and pricing of events such as the Fall Welcome Reception, enjoyed last year by Diane Young and Val Wolff.*

# UMWC 2024-2025 Scholarship Recipients

The following students are the UMWC scholarship recipients for the academic year 2024-2025.

## One-year Named Scholarships

### The Ellis Glazebrook Scholarship

Kayla McLevish, *Ind. Systems Engineering*

### The Schuster Scholarship

Ella Marie Piepfras, *Biochemistry*

### Jonathan F. Cohen Science and Engineering Scholarship

Mason Hamar, *Chemical Engineering*

### LaSell Mechanical Engineering Scholarship

Johanna M. Teegarden, *Biomedical Engineering*

Tiffany Long Shen, *Aerospace Engineering*

### Inspiring a Future Leader Scholarship

Marwa S. Mohamamed, *Computer Science*

### The Lake Nokomis Scholarship

Shelby Alexis Leaf, *Animal Science*

### Mary Elizabeth Glaeser Scholarship

Mia Kay Tranowski, *Biology*

Celia Rose Hegge, *Biology Genetics*

Euncie B. Makori, *Business Law, Political Science*

Khanh G. Tran, *Interdisciplinary Design*

Krystsina Dubovoy, *Dental Health*

Fathia M. Warsame, *Health Sciences*

Ruby Faith Muellner, *Nursing*

Sidney Fors, *Developmental Psychology*

### The Virginia Hanson Global Studies Scholarship

Rose Grover, *Anthropology*

### Shirley and Robert Herrmann Scholarship

Aleah Debra Anderson, *International*

*Business Management*

### Rosalind Myers Memorial Scholarship

Joselyn Hoyt, *Animal Science*

### The Peter and Margaret Reed Scholarship

Maya Ashley Engelholm, *Communication*

## Endowed Scholarships

### Keith S. and Marian D. Champlin UMWC Engineering Scholarship

Abdisamed Abdullahi, *Computer Science*

### U of M Women's Club Doris Doeden Scholarship

Eunice A. Adekinie, *Nursing*

### Frances Shepherd Memorial Scholarship

Emma Helen Flora, *Elementary Education*

### University Medical Auxiliary Scholarship

Isabella Hope Silvola, *Neuroscience*

### Stephanie R. Boddy Fund Scholarship

Yazmin Rangel Tellez, *Wildlife Care*

Mariam Mohamed, *Biology*

Vera Lindh, *Psychology-Neuroscience*

River Jacob Remus, *Criminal & Business Law*

Ashley Kay Daniels, *Health*

Halley Renee Heimkes, *Chemistry*

Isabelle Dubose, *Agriculture Food Business Management*

## UMWC 7530

Heidi Nguyen, *Health Science*, Sofia Rose Fix, *Mathematics*, Annika Beth Mellum, *Health-Law*, Sumaya Ali Hassan, *Health Sciences*, Rachel Ann Trice, *Nutrition*, Amina Hasan, *Political Science*, Kelsey Lynn Madden, *Developmental Psychology*, Lauren Kay Subera, *Ecology-French*, Elli Lucille Haeger, *Strategic Communication*, Heneeya Myrick, *Prelaw*, Aalunya Angelina Teso, *Health Science*, Samantha Mayer, *Nursing*, Lucia Baughn Nitti, *Neuroscience*, Alexandra Iris Rapp, *Biology-Health*, Emma Pouncil, *Physical Education-Health*, Hannah Coonan, *University Honors*, Nhi Vo, *Graphic Design*, Jinglin Li, *Computer Engineering*

## Ruth Vickroy Jones

Josephine Jade Miller, *Biology*, Emma Schwartz, *Business*, Linh Nguyen, *Business-MIS*, Joana Dominguez Lopez, *Biology*, Reilly Toophey, *Biology-Public Health*, Naimo Abdullahi, *Psychology*, Malia Miller, *Law-Criminal Justice*, Naomi Diaz, *Nursing-Health Science*, Oliva Marie Stangler, *Neuroscience*, Joseline Diana Rosa, *Anthropology*, Ella Marie Stockwell, *Biology-Public Health*, Leng Andy Vue, *Landscape Architecture*, Safa Mohamed, *Computer Science*, Stella Yvonne Mehlhoff, *Theatre Arts*, Nicole Campagnola, *Accounting*, Catherine Lentsch, *Multidisciplinary Studies*, Samra Bojcic, *Health Science*, Elizabeth Marie Gust, *University Honors*, Genevieve Saldibar, *Environmental Soil Science*, Nice Kwamboka, *Biology*, Sofia Tereshchenko, *Human Psychology*, Liam Wentz, *Biology*, Salma Hussein, *Computer Science*, Clairra May Jordan, *Music-Spanish*, Jasmin Salazar, *Finance*, Avrora Nikolaeva, *Psychology-Biochemistry*, Morgan O'Hearn, *Finance-Accounting*



## SECTION NEWS

### Special interest groups look forward to an exciting season

No matter your pleasure, our UMWC special interest sections have something fun and interesting to offer in the 2024–2025 season.

Let's start with The Creative Writer's Circle, a new interest group designed for members who love to write creatively. With Marilyn DeLong and Judy McConnell leading the group, members meet monthly at the Saint Anthony Park Library to share their work, write using writing prompts and discuss topics such as publishing their work.



*The Hikers gathered in August for a hike at the Elm Creek Park Reserve.*

Writers interested in poetry are invited to join the Poetry Lovers Section, which promises lively readings and discussions of poetry. And readers have a variety of options this year with four different book clubs, including Modern Fiction, Modern Literature, Mystery Lovers and Nonfiction. The books run the gamut from classics to memoirs to intriguing whodunnits.

If you like to get outdoors, the Nature group or the Hikers might be for you. Nature meets monthly for trips to local nature venues or to listen to speakers discussing bees, bison, bats or the environment and, this season, the sounds of the forest. The Hikers meet twice a month to trek parks or nature centers in the metropolitan area.

Travel, of course, is another passion of many UMWC members, and Vagabonds offers the best in armchair travel. This season they are going to Malaysia, Japan, Ireland and Kenya, among other locales. Each program is beautifully illustrated with travel photos.

Art participants will enjoy gallery and art studio visits, capped off by the club's Art Show in April and May. Game

lovers can play bridge or Mah Jongg, and those of us who cherish the University of Minnesota are invited to explore its many hidden treasures with the Around the Campus group.

Out to Tea and Restaurant Ramblers will appeal to the culinary curious among us, while Women's Health Issues explores a variety of topics important to our long-term health. Needle Arts Sharing provides an opportunity for those who knit or crochet to donate their work to University of Minnesota Hospital patients. And Young in Spirit, formerly the Over 80s and Others, is focused purely on the joy of getting together.

It's time to join the fun. If you attend the Fall Welcome Reception you have an opportunity to sign up for our interest sections. But you also are able to get in touch with any of the interest group leaders, who are listed in the directory. Or find a friend and just show up. You don't want to miss it.

### What would we do without it?

All UMWC members should have received their 2024–2025 directories in the mail in August. If you have not received your directory, please contact Dorothy Waltz, co-editor with her husband, Fred. An essential guide for all members, the directory provides vital information about club events, special interest groups, leadership, scholarships and member contact information.

In connection with the directory, please note that corrections have been made to pages 6 and 7. You can update your copy by contacting Dorothy, who will email you a PDF file that you can print out and paste into your directory. Dorothy's contact information is in the directory. Stickers with the correct information will be available beside the check-in table at the September 3 Fall Welcome and the October 8 Scholarship Luncheon.

We expect many changes in umn.edu email addresses. Send changes to Nancy Myers. To receive updated lists, contact Dorothy Waltz.

### Let us know who you are

We are grateful for the gifts made to the UMWC Scholarship Fund directly from Fidelity accounts. However, these gifts arrive without any indication of who they are from. We would like to send you a thank you note for your gift!

If you make such a gift, please email Jane Glazebrook, Co-Treasurer Scholarship, to let her know. Jane's email address is in the directory.

Another option is to ask Fidelity to make out a check payable to UMWC Scholarship Fund and send it to your home address. Then you can mail it to Jane using the donation form in your directory.

# CLUB NEWS

University of Minnesota • McNamara Alumni Center  
200 Oak Street SE, Suite 250  
Minneapolis, MN 55455-2002  
www.umwc.umn.edu

**Have you changed your address, email or phone?**

Send correction or new contact information by

email to [nmyers13@hotmail.com](mailto:nmyers13@hotmail.com)

Or **Print** new information below.

1. Cut out or copy this form along with the accompanying address label.
2. Mail to Nancy Myers, 1578 Burton St.,  
Falcon Heights, MN 55108

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## In this issue of Online Extra

Judy McConnell started writing seriously after she retired and her children were grown and gone. Beginning with memoirs, she switched to fiction but firmly believes that writing is based on personal experiences. And she has a wealth of that.



From growing up in Minnesota to taking on New York City as a young, single woman in the 1950s to raising a family in the turbulent 1970s, Judy's captures every stage of her interesting life in her books. Most recently, she writes about "the bumps and pleasures of growing older."

You will find the story as an added feature to the online version of our newsletter.

## Newsletter deadline is October 14

The deadline for the November-December 2024 newsletter is Monday, October 14. Please submit articles, information and photos to Nancy Kluver, newsletter editor, at [Kluver.nancy@gmail.com](mailto:Kluver.nancy@gmail.com).

## Welcome new members

New members bring welcome change and growth to the Women's Club. Please reach out to greet and get to know our new members, who include Kathi Jaworski, Linda Keating, Louise Mengelkoch, Laura Murphy, Renee Valois, Susan Everson, Cathy Vanous, Monica Oehrlein, Juli Kroening, Jan Fillmore, Christine Grewell, Sheryl Ramstad, Mary Nelson and Linda Widstrand.

As a reminder for members who joined in March-June (2024), your membership is carried forward to 2024-2025. You don't need to pay again.

There have been several directory changes since the last newsletter. Sue Gilbertson has a new phone number. Several women have new email addresses: Diane Young, Elisabeth White, Julia Wallace, Bonnie Marten, Mary Drew and Millie Woodbury.

Also, Joanne Manthe has moved to Montana and her name should be removed from any mailing lists.

For a current list of new members and their contact information and/or a list of directory changes, please contact Nancy Myers at [nmyers13@hotmail.com](mailto:nmyers13@hotmail.com). This list is also available at all board meetings.



## Writing is a friend and mentor I can no longer do without

When you ask Judy McConnell about her writing she will tell you, “It’s a love story.” But she’s also the first to admit it’s a story with a few fits and starts. And the product of a long and interesting life.

Born in West Virginia, Judy was the middle child of three, with an older brother and younger sister. Her father, the oldest of seven children, was the first in his family to graduate from college. An ambitious man, he earned an undergraduate degree from the University of West Virginia and then went to Harvard. Following graduation, he got a job with the Securities and Exchange Commission and later accepted a position at Investors Diversified Services (IDS).

The IDS job landed the family in Minnesota, where they lived first in Golden Valley’s Tyrol Hills and then Kenwood in Minneapolis. Judy attended what was then Northrop Collegiate High School, now the Blake School. After graduating, Judy spent a year at the University of Colorado-Boulder. “I didn’t like it,” she said. “I wasn’t in a sorority and just didn’t fit in.” She did, however, make a good friend from Los Angeles who was an artist and together they enrolled in the University of Southern California, where Judy received a degree in Comparative Literature and a minor in Cinema.

“I knew I didn’t want to be a secretary, nurse or teacher, which were the options for women at that time,” Judy said. She also didn’t want to stay in California and moved back to Minnesota, but soon decided to try her luck in New York City.



*The young film student in Los Angeles with her new Leica M3*

She describes the experience of job hunting in New York in her second book *Just Keep Shooting*.

“Every day I folded myself inside the red phone booth on a nearby street corner, classified in my lap, a coin purse full of dimes, and dialed call after call.... I experienced an unreal feeling of being caged in a small boat in a stormy

sea.... The coins kept slipping from my wet fingers and the phone receiver, propped by one shoulder, rubbed like pumice against my chin. It was like shooting an arrow over a dark ocean, each rejection a shaft of hope disappearing into the fog. Just keep shooting.”

Eventually, Judy’s minor in Cinema landed her a job in the United Nation’s film department, where she diligently saved her money for a trip to France. She lived there for nine months to study the language and bum around Europe.

Meanwhile, Judy and three women friends rented a small house for the summer in South Hampton. The very first weekend, the women attended a party hosted by nine young men, graduate law students who had rented their own enormous summer home. Judy spent the entire evening—and many evenings after that—sitting at the piano singing and turning pages for the piano player. “And that’s how I met Dave McConnell,” she said. He’d just received a law degree from Fordham University. They eventually married and moved to California, where Dave had a job and they soon had two children.

It wasn’t long before the couple realized “we really missed our New York friends,” Judy said, and they moved back to New York. But her husband was seeking a new job and when Judy’s father introduced him to a contact at General Mills in Minneapolis, the couple moved with their two children back to Minnesota, where Dave took up a new position with General Mills.

“And that’s where I’ve been ever since,” Judy said. She and Dave eventually divorced. “I’ve been single for quite a few years but we remained friends.”

Newly divorced with two children, Judy went back to school, earning degrees at the University of Minnesota in French and education. She taught French for two years and then went back to the U to become certified as a training specialist. In that role she worked at Shriners Hospital and Group Health, “putting together programs for new supervisory employees, teaching them effective management techniques,” she explained.

When she retired, she started writing again. “I’d kind of forgotten about writing,” Judy said. “I’d done it off and on when I was young but not for a long time.” The kids were gone and she wanted something “meaty” to do but it was an experience at her lake home that got the ball rolling.

After deciding to add 15 feet to her cabin, she hired a construction crew who irked her to no end with their construction lingo and inability to communicate. “And they would put nothing down on paper,” Judy said. “It made me so frustrated.”

So frustrated that she decided to write about it. A friend read the short piece and said, “This is really good.”

“I could get into this,” thought Judy. And so began an effort that has resulted in four books: *A Penny A Kiss*, which describes her childhood in Minneapolis; *Just Keep*

upheavals of the seventies; and *The Night Owl Sings*, a fictional collection of short stories about the bumps and pleasures of growing older.

With *Dreamhouse*, she switched from memoir to fiction but believes everything is based on personal experiences. “I start with an idea that grabs me, often based on my own life,” Judy said. “Eighty percent of writing is revision. You have to add characters and a plot line.” In the beginning she spent four to five hours a day writing at the Shoreview Library, sitting with her face to the wall to avoid distraction. She took classes at The Loft Literary Center to hone her craft. And she hired editors along the way. “You really need a professional editor,” she said.

But mostly writing is long, hard work, according to Judy. Her latest book, for example, took four years. “You have to really be diligent to get through the hard times.”

Other activities fill her days as well. Her son and daughter live in the greater metropolitan area with their families and she enjoys spending time with them. She still loves to sing and participates in a community chorale. She plays bridge and board games. And she greatly appreciates UMWC, which she joined in 2005 at the invitation of Ingrid Lund, a long-time friend and NYC roommate. She participates in the Hikers, Bridge and Modern Literature interest sections, and last year she launched a new interest group called The Creative Writers Circle.

“I love how friendly, educated and intelligent everyone is,” Judy says about the club. And, needless to say, she’s delighted to share her writing with UMWC members. “I’ll meet you to save you the cost of postage,” she says of getting her books out there. To learn more about her writing, go to her website at [www.agreatbook.net](http://www.agreatbook.net).

As Judy explained in a recent article for *Women’s Press* magazine, “Writing is a friend and mentor I can no longer do without. Where there had been a vacant space at my side, there is now an intimation of a presence, a force that accompanies me everywhere. Life is good.”



Judy McConnell with three of her books

*Shooting*, a narrative of her time in New York; *Dreamhouse*, a book of fiction loosely based on her marriage during the



# Here are your UMWC leaders for 2024-2025

With an eye toward the future and ensuring UMWC's long-term success, the following members have been elected or appointed to take on leadership responsibilities for the club in 2024–2025. The chairs of our special interest sections are listed in the 2024–2025 directory.

## ELECTED OFFICERS

### President

#### Nancy Schuster

Nancy Schuster is a two-year member, who already has served as President-Elect and chair of the Women's Health Section.

She retired from her professional work in the field of educating gifted children. Her first career was as a registered nurse.



Volunteer work has filled her time for the last 20 years. She was a Red Cross volunteer for 10 years, helping out at local and national disasters. Serving meals at the local Community Table and working at a free health clinic also kept her busy. She found a passion as an active member of the Chippewa Moraine Chapter of the Ice Age Trail Alliance (IATA) for more than 25 years, where she worked on trail maintenance, led hikes and planned and implemented many presentations. She was the Chippewa Chapter Treasurer from 2010–2020, and served for six years as a member of the State Board of Directors of IATA. In addition, she has hiked and biked the entire trail. Travel, reading and knitting also fill her time. A highlight for her was walking the 500-mile Spanish Camino de Santiago with her husband.

### President-Elect

#### Marilyn DeLong

Marilyn DeLong looks forward to her responsibilities as President-Elect. As a member of UMWC, she enjoys the variety offered through the Creative Writer's Circle, Women's Health Issues and Around the Campus interest groups.



Marilyn is Professor Emeritus in the College of Design at the University of Minnesota and was faculty there from 1974–2022. While there, she served in leadership positions as Associate Dean for Research and Outreach Engagement, Associate Dean of Academic Affairs and Director of Graduate Education. She has given presentations at global conferences throughout the USA

and 11 countries, including Spain, Portugal, France, England, Denmark, Korea, China, Hong Kong, Australia and Brazil.

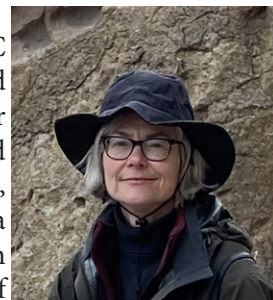
She has taught classes at the University of Minnesota in Material Culture, Innovation Theory, Trends, History of Fashion and Ethics. Her graduate students earning a Ph.D. are situated at universities and in the fashion industry around the globe. She continues to stay connected professionally through conferences and to work with graduate students as they transition into their careers.

Marilyn and her husband, Max, retired engineer from Xcel Energy in Plant Engineering and Construction, enjoy traveling. They recently spent time in Italy, South Korea and London to visit former graduate students, now faculty, and in London to see her co-editor of 14 years for an international journal, who is faculty at the University of the Arts, London. They reside in an historic home on the Mississippi River and enjoy their granddaughter, now in high school.

### Co-Vice President for Event Coordinating

#### Linda Lorenz

Linda Lorenz joined UMWC in January 2019 after being invited to a Conversation luncheon by her fellow Spanish learners and UMWC members Kathy Ball, Diane Schweizer and Donna LaPorte (who now lives in Portland, Oregon). In March of 2021 Diane asked Linda to be a co-chair of the Nature section, which Linda continues to enjoy. She also co-chairs the Event Coordinating Committee.



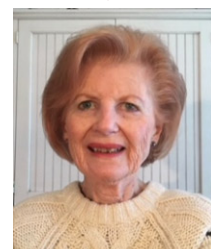
During the academic year, Linda tutors children at Central Park Elementary in Roseville, along with other members of Roseville Lutheran Church. During the tax season for 2023 she helped prepare tax returns through AARP.

In her spare time Linda likes to garden, snowshoe and travel with her husband, Terry. She continues to learn Spanish and appreciates all the online learning resources available now that were not available when she took her first Spanish course at the University of Minnesota in the late 1980s.

### Co-Vice President for Event Coordinating

#### Georgia Nygaard

Georgia Nygaard joined UMWC in 2015 and was impressed with the club's mission. She served as chair of the Scholarship Committee for six years and truly enjoyed working with the UMN undergraduate students to



help them attain UMWC scholarships. As a former instructor in the School of Nursing, Georgia felt it was a continuation of her career and was gratified to once again help students attain an education.

She also has enjoyed participating in some of the club's interest groups. As a volunteer in the community, Georgia enjoys tutoring children at Central Park Elementary School and chairing the Adult Education ministry at her church. Staying healthy and fit has been a life-long personal goal. When her youngest child entered nursery school, she started walking for exercise and enjoyed being outdoors. She also has done weight training and recently took up Pilates with the reformer through the YMCA. As a retired RN, she learned long ago how important it is to stay healthy.

### **Vice President for Scholarship Fundraising**

#### **Diane Young**

Diane Young retired in 2019 after a 25-year fundraising career at the University of Minnesota and immediately joined UMWC. "While employed at the U, I was aware of the UMWC but not sure exactly what it was all about, so I joined to find out," Diane said. "Getting involved was easy and fun—I recommend it highly. The UMWC philanthropic mission to support students at the U through scholarships is inspiring. Meeting other like-minded women is a joy."



Diane also is committed to increasing UMWC visibility at the U and recruiting other UMN women, identified broadly, to join UMWC. She often invites former UMN colleagues and alums as guests, encouraging them to join. "The luncheons and speakers are so engaging," she said.

In addition to serving as VP for Scholarship Fundraising, Diane chairs the Scholarship Fundraising Committee and oversees the One-Year Named Scholarship initiative.

She lives in the University Grove with her husband, Professor Emeritus Nevin Young. They have one daughter, Patricia.

### **Recording Secretary**

#### **Randi Lundell**

A member for two years, Randi Lundell learned about UMWC when she retired in 2018 and attended a scholarship luncheon. She also knew several members, "who had good things to say about it," Randi said.



In addition to her membership in the club, Randi is a member of the Roseville Area Optimist Club, Daughters of Norway Grand Lodge, Norway House Knitters and AAUW. She also is a

part-time pianist at Mt. Olivet Lutheran Church Sunday School.

Randi loves the way UMWC members support each other and are engaged in civic and educational activities. "The UMWC scholarship program is also very impressive," she said. Randi is a freelance writer and translator. She loves to travel and tries hard to keep up with her grandchildren.

### **Co-Treasurer-Operations**

#### **Joni Mitchell**

Joni Mitchell joined the club after she retired in 2015. She became a Hikers member and was immediately recruited to be the treasurer for the group, a role she held for several years. She also is a member of Restaurant Ramblers but wasn't able to attend many gatherings this past year.



She served as auditor for the club for two years and served on the Scholarship Committee for two years. Joni is looking forward to the third year of her term as Co-Treasurer, focusing on operations. In addition, she will serve as co-chair for the Finance Committee.

Joni keeps busy by attending Curves, hiking, reading, playing bridge and as member of UMRA. She also takes trips to Charlotte, North Carolina, to see her grandchildren, plans lunches with high school mates and is the keeper of the data base for her class.

### **Co-Treasurer-Scholarship**

#### **Jane Glazebrook**

Jane Glazebrook is Professor Emeritus, Department of Plant and Microbial Biology, University of Minnesota. In 2023, she ran into Diane Young at an Age-Friendly University Day and Diane encouraged her to join UMWC, which she did. She already is a member of the Poetry, Nature, Modern Fiction and Around the Campus interest sections. "But I am terrible at making schedules work," Jane said, "so I haven't turned up for many of them." She has, however, attended many of the Conversation lunches.



She likes the club because everyone is very friendly and welcoming and the luncheons and special interest groups are fun.

Jane also is involved in the Osher Lifelong Learning Institute (OLLI), serving on the advisory board. She leads courses, assists with courses and takes courses. "Many members might consider joining," said Jane. "It's fun!"



## Records and Dues Officer

### Nancy Myers

Nancy Myers joined UMWC in 2010 and has been Records and Dues Officer since 2016. "I got the job after sitting next to Pat Luhmann at a section lunch and telling Pat that I'd been an actuary in my professional life," Nancy said. "Little did I know the consequences of that innocent statement."



Nancy enjoys working with numbers and has been the treasurer or financial secretary for all the organizations she's joined. She also enjoys being part of the Hikers, Nature and Vagabonds sections at UMWC. This year she's tried some new ones: Women's Health Issues and Around the Campus. "I'm very impressed with the efforts of the section leaders," she said. "They do a great job!"

## APPOINTED POSITIONS

### Auditor

#### Bonnie Russ

A member since 2020, Bonnie Russ first joined the Hikers, thoroughly enjoying the hikes and attending an overnight trip to Lake Mille Lacs. She also is a member of Nonfiction and Art.



Bonnie loves to travel, with several trips taken in 2023, and also enjoys attending concerts and plays, including the Orpheum Broadway season, with friends. Most summers will find her in the Boundary Waters Canoe Area with family members. She is a Vikings season ticket holder and also a Twins, Lynx and Gophers fan. She provides childcare for her young grandson, who lives nearby with his parents, Bonnie's daughter and son-in-law. A graduate of the University of Minnesota, Bonnie enjoys meeting other UMWC members and is impressed with the club's scholarship program and speaker luncheons.

### Newsletter Editor

#### Nancy Kløver

Nancy Kløver was introduced to UMWC after retiring in 2015, when a friend invited her to a walk with the Hikers interest section, a group she chaired for several years. She became newsletter editor in 2019 and has served on the Nominating Committee since 2021.



Outside of UMWC, she likes to exercise, cook, read and play the piano. She's very interested in politics and loves spending time with her grandchildren.

## Directory Co-Editors

### Dorothy and Fred Waltz

Dorothy Waltz joined the U of M Faculty Wives Club (now UMWC) soon after moving to Minnesota in 1965, and over the years has taken part in many UMWC activities. Fred was a pioneer in the fledgling aerospace industry in the 50s, and then a Professor of Electrical Engineering at the University, with an interval as a Senior Specialist in computer-based Automated Inspection at 3M.



The computer skills Dorothy acquired in her years as a statewide leader and lobbyist for the environment in the 80s and ever since, combined with the graphics and design skills from her BFA degree in commercial art and master's degree in art education, have been very useful in her years as a volunteer for UMWC. With her husband Fred's extensive artistic and technical assistance, she currently edits and publishes the UMWC annual directory.

Since about 1980, Dorothy and Fred have presented a travel program almost every year for the Vagabonds section. Dorothy currently belongs to the Vagabonds and Women's Health Issues sections. Fred is an honorary member of UMWC.

### Website Manager

#### Mary Nosek

A new member in late 2022, Mary Nosek is just beginning to explore the club's interest groups but already has helped with some planning for Women's Health Issues and is looking forward to hikes with the Hikers. In fact, hiking is one of Mary's interests outside of the club, along with kayaking and paddle boarding, which she is just beginning to master. She loves to read, especially historical fiction and juicy murder mysteries.



Mary is impressed with UMWC's many activities and learning opportunities, and she finds our members interesting, open and welcoming. She also serves as chair of the Technical Services Committee.

### Corresponding Secretary

#### Barb Burleigh

Barb Burleigh has been a UMWC member for about 20 years and has chaired the Vagabonds section for many years. "Travel is one of my passions in a normal year, so the 'armchair travel' photo shows have been fun to organize with Fred and Dorothy Waltz," Barb said. "The friendship of other Vagabond members is a real joy in my life."



She also belongs to the Nature and Hikers special interest groups and enjoys helping to proofread the directory each year.

Barb's other interests include Gopher sports, especially women's basketball and volleyball, two book clubs, Osher Lifelong Learning classes through the University for 20 years and swimming at the St. Paul YWCA.

### **Historian**

#### **Sandy Gale**

Sandy Gale has been a member of the club for 10 years and has joined the Around the Campus, Mystery Lovers, Nature and Out to Tea interest sections. She and her husband love to travel, and she keeps fit with water aerobics.



## **STANDING COMMITTEE AND INITIATIVE CHAIRS**

### **Conversations**

#### **Janet Robb**

Janet Robb has been a UMWC member since Flossie Caldwell, a former President, invited her to join 23 years ago. She enjoys being part of a club that sponsors scholarships for students and appreciates the opportunities to attend special interest section programs and activities. Janet is a member of the Art and Out to Tea sections.

In addition to time spent with UMWC, Janet is a botanical artist and enjoys painting. She also volunteers with an educational women's organization.



### **Membership**

#### **Susan Hopp**

Impressed with our club luncheons and interesting women, Susan joined in 2018. As a graphic designer by profession, she got to know UMWC better when she was asked to update the club's visual identity. Her year as President-Elect was caught up in Covid, and as President in 2021–2022 she helped guide the club with its recovery. A fun fact is that she followed in the footsteps of her mother, Dorothy Hopp, who was President back in 1973–74.

After being the club's first Age-Friendly University (AFU) MN Council rep, she currently is in her second year co-chairing the Membership Committee and is hoping to find more time for the interest sections. Turning 70 was a wakeup call to rekindle passions and she now spends more than one month each winter in Steamboat Springs, Colorado, skiing the bumps. Susan likes flower gardening, summer cabin time, staying fit, adventures, travel, good



friends and family, lifelong learning and laughter, and a good craft cocktail with her husband, Karl.

### **Virginia Mahlum**

Virginia (Ginny) Mahlum was introduced to UMWC by her friend Barb Burleigh about six years ago and was very impressed by the club's mission to provide scholarships for UMN students. She has enjoyed participating in the Hiking group, which has provided an opportunity to meet many interesting and friendly women. Their fall trips have been great fun, according to Ginny.



She currently is serving on the Scholarship Awards Committee. She also is co-chairing the Membership Committee with Susan Hopp and learning about the many things that this committee does to promote the club and welcome new members. They are a great group of enthusiastic and dedicated committee members, she said. Ginny is finding that serving on a committee and participating in a section is the best way to get to know members.

Ginny has been an active member of Osher Lifelong Learning through the University for 20 years, enjoying continuing education classes and serving on their board. She currently is co-chairing their biking group. In addition to biking and hiking, Ginny enjoys playing piano, gardening and attending many classical concerts. She and her husband also enjoy attending the UMN volleyball games as well as keeping track of the lives of their eight grandchildren and one-year-old great-granddaughter.

### **Scholarship Awards**

#### **Marilyn Olson**

Introduced to UMWC by her cousin, Liz Grimmer, Marilyn Olson has been a member for more than 10 years. Her primary interest group is Hikers, which she chaired for several years, but she's also a member of Bridge and occasionally participates in Art, Around the Campus, Mystery Lovers and Women's Health Issues.

Marilyn loves spending time with family and traveling. In particular, she's enjoyed the Eola Hills Winery European trips and hiking in North Scottsdale during the winter. She also bikes, works out and takes classes at Lifetime Eden Prairie and enjoys Gopher volleyball and hockey games, live theatre productions and dinner with friends.

After 12 years, she retired from her work as a certified volunteer Medicare counselor with the Senior Linkage Line, where she helped seniors with their Medicare questions. She especially appreciates the friendships she's formed through UMWC and the educational opportunities offered by the Conversation luncheons and interest groups.

