



Founded in 1911, we are a strong and vibrant community, dedicated to helping U of M students achieve their academic goals. We forge lasting friendships by welcoming everyone, caring about each other, and exploring new ideas and places together.

May-June 2023 ~ No. 306

Conversation with a Woman Leader ~

Dr. Artika Tyner to headline annual meeting program

We are pleased to announce that Dr. Artika Tyner, motivational speaker, author and educator, will speak at our annual meeting luncheon on May 9 at the Town and Country Club in St. Paul. In her remarks, entitled “Women Leading Change,” Dr. Tyner will address empowering women leaders to embrace their unique leadership qualities, foster their leadership development and make a difference in the world.

Dr. Tyner’s work is grounded in extensive experience as a law and leadership professor, lawyer, social change agent, researcher and nonprofit founder and leader. She has worked with Fortune 500 companies, start-up tech companies, healthcare providers, government services and agencies, higher education institutions and grassroots organizations.

She founded the nonprofit Planting People Growing Justice Leadership Institute (PPGJLI) in her living room with a small group of community members. They were determined to end the school-to-prison pipeline by confronting the facts that one in four children in America have not learned to read, and that youth who drop out of school are three and a half times more likely to be arrested in their lifetime.

PPGJLI has created new pipelines to success for all children by promoting reading and diversity in children’s books. The organization has donated more than 18,000 books to children, inspired more than 5,000 children with school visits and hosted virtual readings for more than 30,000 children.

Please join us on May 9 to learn more about Dr. Tyner’s inspiring efforts to impact social change and do what no one has done before.



Meeting at a Glance

Annual Meeting

Tuesday, May 9, 2023

Business Meeting: 10:30

Luncheon: Noon

Speaker: Dr. Artika Tyner

Location

Town and Country Club
300 Mississippi Blvd. No., St. Paul
Free parking available in on-site lot

Menu

Cider-braised pork tenderloin (DF)
topped with brandy demi-glace, candied
baby carrots and roasted rosemary
potatoes

Vegetarian option

Moroccan tajine (V-GF), an aromatic stew
of chickpeas, apricots, peppers, cauliflower,
butternut squash, carrots, zucchini,
potatoes and tomatoes served with
basmati rice

Both options include salad and rolls with
butter.

Cost: \$32

Reservation deadline:

Monday, May 1

This deadline is firm.

Please see April email from UMWC
for more information.

President's Message ~

Supporting the goals of a wider group of deserving students

As I was walking around Wood Lake a few weeks ago, I couldn't help notice that winter was almost on its way out so spring should be just around the corner, right? By the time you read this I hope that we are well into warmer, greener, sunnier weather. Minnesotans are tough but this winter was a long one. I'm looking forward now to lots of biking and to taking two of my granddaughters to Budapest and Prague. The travel bug I talked about in my last column is never going to leave me!



I'm also reflecting on my year as UMWC President, which will come to a close at the end of June. What an honor this has been. I've gotten to know so many UMWC members and have an even greater appreciation for our wonderful club. We have fun together, we learn a lot and we do so much good.



Catherine hiking at Wood Lake

All thriving organizations, of course, occasionally have to make changes. And that's the case for UMWC. At the annual meeting on May 9, you will vote on a proposed change to our bylaws that will open our scholarships to all students regardless of gender.

Let me share our thinking about the proposed change.

The University of Minnesota, which manages and administers our scholarships through the Office of Student Finance and the University of Minnesota Foundation, is required to comply with Title IX of the Education Amendments of 1972, which prohibits discrimination on the basis of sex. In keeping with Title IX, the University has asked

the club to broaden our scholarship criteria to include all students without regard to sex.

Although the club is independent of the University of Minnesota, we benefit from our association with it and think it is in our best long-term interest to support University policy. As a result, our executive committee and board of directors voted unanimously to ask UMWC members to vote in favor of including all students in our scholarship application and selection processes.

For decades, UMWC has supported women students who were underserved in higher education. We now are hearing that women make up a majority of students in many of the colleges at the University. Making the change will enable us to help a wider group of deserving students achieve their educational goals and benefit from the generosity of UMWC members.



Catherine biking at Fort Snelling

It's a big change, no doubt about that. But I know we are resilient enough to make it. And our support of all women will remain strong.

I'd like to end by thanking all of you for your support and encouragement during my tenure as your President. I know you will be just as helpful and welcoming to our new leadership group.

Catherine Holtzclaw
President

Joint business meeting scheduled for June 13

The joint business meeting, our final board meeting of the 2022–2023 season, will be Tuesday, June 13, at 10 a.m. at Midland Hills Country Club, 2001 Fulham Street, Roseville. All members are welcome to attend.

You make a difference through philanthropy!

A friend once shared that while growing up, the only way she knew about giving was through her church and putting a donation in the basket on Sundays. Times have changed, my friend is older, and while a gift in the basket on Sundays remains meaningful, there are many other opportunities available to you and me to make a difference through our philanthropy.

As I look over the monthly UMWC gift list, I notice the varied ways our fellow members are making gifts that sustain our very successful UMWC scholarship program. The most frequent way is writing a check once a year. Surprisingly, some members are writing a check once a month. And ever-faithful members continue to make gifts in memory of or in honor of someone dear.

Increasingly, I'm seeing gifts that take advantage of an opportunity through an IRA called a qualified charitable distribution. By making a qualified charitable distribution, your gift not only benefits the scholarship program, but it also offers you a tax benefit. Members have been using this option to establish One-year Named Scholarships. Talking with your financial advisor would help to determine if this is right for you.

Not all of us can make a significant gift in our lifetimes, but including a gift through a will or trust is a way to do more than you might have thought possible. You also can make a gift to UMWC scholarship by beneficiary designation on retirement accounts, life insurance policies or even some bank or investment accounts. Again, talk with your financial advisor.

To include a gift for the UMWC scholarship fund in your will or trust, the following language may be helpful: "I give [the sum, percentage or description of property] to the University of Minnesota Women's Club, Minneapolis, MN, to be directed to the UMWC scholarship fund for scholarships benefitting students at the University of Minnesota."

For longer-term impact, UMWC partners with the U of M Foundation to offer you the opportunity to establish your own new endowment fund or to make a gift to the existing UMWC endowed scholarship fund held at the U of M Foundation. Currently there are seven such endowments held at the U of M Foundation to benefit UMWC scholarships.

For questions, contact Diane Young, VP Scholarship Fundraising, young054@umn.edu.

For assistance in creating a new endowment fund, or other estate planning questions to benefit the UMWC scholarship endowment, please contact the University of Minnesota Foundation: Michelle Lian-Anderson, Chief Development Officer, University-wide Scholarships at liana001@umn.edu or 612-626-9672.

Diane Young, VP Scholarship Fundraising

New members get to know each other and UMWC

Nine new members gathered at Susan Hopp's home in April for a new member coffee party. The group heard from Georgia Heisserer, Catherine Holtzclaw, Liz Grimmer, Susan Hopp, Linda Boss and Marilyn Olson about a variety of club initiatives and activities.



New members pictured are (back row, left to right) Theresa Taylor, Judy Dunlevy, Jill Griffin, Maureen Lundquist and (front row, left to right) Kathy Pratt, Beth Diem, Mary Drew, Judy Sperbeck and June Damrow.

Don't miss Age-Friendly University Day on June 26

If you missed the Age-Friendly University Spring Orientation on March 15, you can find a link to the 60-minute recording on our website's Connecting page. If you are looking for learning resources, it's well worth your while to watch. My UMWC presentation is the last of the seven presentations. There were 178 viewers – and we got two new members!

Next up is the second annual Age-Friendly University Day, June 26, 8:30 a.m. – 2 p.m. at the McNamara Alumni Center, Minneapolis campus. This event will bring around 250 retirees, older Minnesotans and lifelong learners together. Activities will include a keynote presentation by Diana Pierce, a panel hosted by American Public Media contributor Chris Farrell, breakout sessions on financial fraud, mindfulness and climate change, and 14 informational booths, including UMWC's! And more!

Cost is \$25, plus parking. More info will be coming, but you can already register here:

<https://www.sph.umn.edu/events-calendar/age-friendly-university-day/>
Hope to see you there.

Susan Hopp, Past President and UMWC's AFU MN Council representative

Another impressive year with your generous support

Once again, we are delighted to thank the UMWC members who generously contributed to our scholarship fund from July 1, 2022 to March 31, 2023. In total, members have contributed \$87,252, including 15 One-year Named Scholarships.

If you are interested in making a contribution to this year's effort, you still have time to do so before June 30, 2023, which is the end of our fiscal year. Donors who made gifts after March 31 will be listed in the fall newsletter.



*Scholarship recipient
Jenny Tran*

Hear ye! Hear ye!

This is a reminder that the amount to establish a One-year Named Scholarship will increase to \$4,000 effective July 1, 2023. But there is still time to act if a One-year Named Scholarship is an opportunity you have been considering. Contact either Marian Champlin or Diane Young no later than June 1 to allow time to get the details for your scholarship in order. Gift transfer would need to be completed by June 30, 2023, but the earlier the better.

As approved by the Board at its September 2022 meeting and announced in the UMWC newsletter, the increase to \$4,000 to establish a One-year Named Scholarship aligns with the increase to \$4,000 in the award amount of a UMWC Scholarship.

For questions, contact Diane Young, VP Scholarship Fundraising.

UMWC donors to the 2022–2023 campaign

Mary Abuan	Linda Frogner	Molly Kryzer	Dorothy Peterson
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Janelle Anderson	Sue Gilbertson	Jocelyn Kuo	Joan Rathbun
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Shirley Erstad	Barbara Kalina	Constance Oriani	Dee Weaver
Sharon Fields	Patricia Kirchner	Marri Oskam	Elizabeth Weber
Elizabeth Foley	Nancy Kluver	Mary Ann Palmer	Karen Wehner
Katherine Frank	Sandy Korlath	Judith Peters	Diane Young

SECTION NEWS

Successful art show features UMWC members

Eighteen members, exhibiting 38 pieces, made the annual UMWC art show another delightful event. A good crowd attended the show's opening, where artists were on hand to describe their work.



Jane LaFroth and Carol Lowe

Many thanks go to Carol Lowe and Jane LaFroth for their exceptional work coordinating the exhibit, which continues until May 29 at St. Mathews Episcopal Church in St. Paul.



Janet Robb with her watercolor Dusky Challenger Iris

Nature group experiences birds, art and *Braiding Sweetgrass*

Members of the Nature section in February visited the Minneapolis Institute of Arts to enjoy a docent-led tour of art works related to the book *Braiding Sweetgrass* by Robin Wall Kimmerer. Docent Lisa Mayotte selected 17 pieces of art and read passages from the book connected to each piece.

In March, the group heard a wonderful presentation by naturalist, author and wildlife photographer Stan Tekiela on "Owls, Friends of the Night."



Members of the Nature group at the Minneapolis Institute of Arts

Vagabonds group announces venue change

Please note that the May 19 Vagabonds presentation will be a Zoom presentation and not a gathering at 1666 Coffman. The waiting room opens at 7:15 p.m., with a program at 7:30 p.m. and discussion at 8:20 p.m.

The program is *Traversing the Tundra by Canoe: Nunavut Canada, Hudson Bay*, featuring speaker Mel Baughman. Vagabonds members will receive an invitation and link a few days before the program. Other interested UMWC members should contact Dorothy Waltz at waltz.ds@yahoo.com to be put on the list.

Going away for the summer?

Would you like to have your personal copy of the 2023–2024 UMWC Directory end up in the waste basket? The U.S. Postal Service is not allowed to forward it, even if you give them your forwarding address.

So if you won't be at your home address in August or early September, when your directory is mailed, please remember to send your summer address to Directory Editor Dorothy Waltz *no later than June 20*. We can mail it to your summer address *or* hold it for you until you return, but you must tell us which.

Thank you very much for helping us save money by not having to send you a second copy.

Memorial Gifts

Keith Champlin by UMWC

Lorraine Hertz by UMWC

Welcome new members

New members bring welcome change and growth to UMWC. Reach out to welcome and get to know our new members! We have eight women who have joined since the last newsletter: Beth Diem, Judy Sperbeck, June Damrow, Judith Dunlevy, Jill Griffin, Theresa Taylor, Susan Kuhn and Christine Place. UMWC now has 305 members.

For a current list of new members and their contact information and/or a list of directory changes, please contact Nancy Myers at nmyers13@hotmail.com.

CLUB NEWS

University of Minnesota • McNamara Alumni Center
200 Oak Street SE, Suite 250
Minneapolis, MN 55455-2002
www.umwc.umn.edu

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Have you changed your address, email or phone?

Send correction or new contact information by
email to nmyers13@hotmail.com

Or **Print** new information below.

1. Cut out or copy this form along with the accompanying address label.
2. Mail to Nancy Myers, 1578 Burton St.,
Falcon Heights, MN 55108

Name: _____

Address: _____

City, State: _____

Zip: _____ Phone: _____

Email: _____

In this issue of Online Extra

We've turned Online Extra over to scholarship recipient Maddy Woodman, who will tell you in her own words what's happened to her since receiving her UMWC scholarship. Her passion for dance continues to be a driving force, but she's had other interesting experiences along the way.



You will find the story as an added feature to the online version of our newsletter.

See You in September!

The deadline for the September-October 2023 newsletter is Monday, August 14. Please submit articles, information and photos to Nancy Kluver, newsletter editor, at Kluver.nancy@gmail.com.

Remembering Lorraine Hertz

We are sad to announce that Past President Lorraine Hertz died April 7 in Madison, Wisconsin, at age 95. Lorraine was President in 1998–1999.

For 50 years, Lorraine made her home in Roseville with her husband and four children. She was active in school and community groups, her church and UMWC, where she chaired the Scholarship Committee before becoming President. She loved bridge, golf, searching for ancestors and working the stock market in investment clubs.



A Mass of Christian Burial will be held at St. Odilia Catholic Church in Shoreview on May 1, with internment at Fort Snelling next to husband Leonard B. Hertz.

Catching up with scholarship recipient Maddy Woodman

UMWC recently reached out to several former scholarship recipients to ask them what had happened to them and where they were in their careers since receiving the UMWC scholarship. Here is recipient Maddy Woodman in her own words.

I graduated from the University of Minnesota in 2021 with a Bachelor of the Fine Arts in dance, but my passion for dance started long before then. I began dancing at the age of 3 and slowly fell in love with it. For me, nothing was like sharing stories through dance, the excitement of mastering a new move, or the feeling of becoming completely absorbed in music and movement. I was especially influenced by my ballet and modern dance teacher in 4th grade. I loved performing the dances that he made for our class and felt drawn to the way they used classical and contemporary movement to convey stories and abstract ideas.



Though I continued to participate in competitive, athletic styles throughout my childhood, this love of concert dance guided me down my current career path. In addition to dance, I enjoyed academics and dreamed of going to college from a young age. At the time, I couldn't imagine how I could connect those areas. However, in 7th grade I was overjoyed to discover that some colleges offered degrees in dance and immediately set my heart on that path.

My time at the University of Minnesota deepened my love for dance as I was able to fully immerse myself in the pursuit of my passion. I discovered that I also loved teaching youth dance while working part time during my sophomore year. My studies were interrupted halfway through my junior year due to the start of the pandemic, but we continued on with online and socially distanced classes and I graduated in the summer of 2021 with a BFA in dance and a minor in Spanish Studies.

I left school at a challenging time for the dance community as companies and theaters were just starting to re-emerge from the pandemic. I chose to take a step away from dance for a year to explore my passion for education and my desire to serve others. I served in AmeriCorps as a Promise Fellow, where I tutored and mentored at-risk students in a St. Paul middle school.

My experience in AmeriCorps was transformational because I had the opportunity to build supportive relationships with unique youth whose experiences were vastly different from my own. I was grateful for the creativity I

developed in my dance degree and the cross-cultural communication skills I learned during my Spanish study abroad experience because they prepared me to serve the diverse school that I was placed in.

Though I learned and enjoyed many things that year, my heart was still set on a dance career and I decided to move on from AmeriCorps after one year of service. In the fall of 2022, I began to work half-time as a dance teacher and half-time as a performer, which is the ideal balance for me. As a performer, I have the good fortune to work with Threads Dance Project and Concert Dance, two companies whose level of artistic excellence and choreographic vision lines up with my own. As a teacher, I work at CREO Arts and Dance Conservatory and Intrepid Dance Company,



Photo by Isabel Fajardo

private studios where I get to invest in kids' growth and development through dance, and give them a positive outlet outside of school.

Looking forward, I hope to deepen my connections with these companies and studios. Starting to work full-time has made me realize the valuable skills I built in college and all that I want to improve in. As I anticipate more years spent with these groups, I feel motivated to build my dance technique to bring greater joy and inspiration to my audiences, and to establish my teaching methods to support students better inside and outside of the classroom. As the performance community in the Twin Cities continues to revive, I anticipate growing opportunities to thrive as a dance artist and teacher.